

CW Resources Senior Community Café

JANUARY, 2015

1% or Skim milk provided Margarine available

MENU ITEMS SUBJECT TO CHANGE			SUGGESTE	D DONATION
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AHAPPY NEWYEAR			Closed New Year's Day	Cranberry Juice Orange Chicken with Orange Ginger Sauce Fried Rice Broccoli Oatmeal Bread
				Tapioca Pudding
Apricot Glazed Grilled Chicken Breast Mashed Potato Carrots	Pineapple Juice Swedish Meatballs Mushroom Gravy Egg Noodles Peas	Winter Picnic 7 Hot Dog L.S. Baked Beans Broccoli Salad Mustard	Orange Juice Orange Juice Eggplant Rollatini Ziti with Marinara Sauce Garden Salad	9 L.S. Beef Barley Soup Unsalted Crackers White Fish Filet Lemon Sauce Harvest Rice
	Hanny Birthday		Italian Dressing	Chuck Wagon Veggies
Multi Grain Bread	Split Top Wheat Bread	Hot Dog Roll	Garlic Bread	Pumpernickel Bread
Fresh Apple	Birthday Cake	Pineapple Chunks	Sherbet	Apricots
Open-Faced Turkey Sandwich with Turkey Gravy Stuffing Peas Cranberry Sauce	Orange Juice Roast Beef Beef Gravy Baked Potato Green and Gold Beans	14 LS Tomato Lentil Soup Unsalted Crackers Crab Cake with White Sauce Buttered Parslied Noodles	15 Unbreaded Veal Cutlet with Brown Gravy Winter Squash Cauliflower	Apple Juice Apple Juice Baked Chicken Thigh Garlic Cream Sauce Mashed Potato Carrots
Potato Bread	12 Grain Bread	Mixed Veggies Multi Grain Bread	Rye Bread	Oatmeal Bread
Mixed Fruit Cup	Rice Pudding	Fresh Apple	Tropical Fruit Cup	Ice Cream Cup
MARTIN LUTHER KING	20 Pineapple Juice Chicken Jambalaya Wild Rice Collard Greens Corn Muffin	L.S. Pea Soup Unsalted Crackers Baked Codfish Steak Fries Green Beans Pumpernickel Bread	Orange Juice Spaghetti and Meatballs Spaghetti Sauce Parmesan Cheese Romaine Salad Ranch Dressing Garlic Bread	Roast Pork with Apples and Sauerkraut Oven Browned Potatoes Carrot Coins Rye Bread
CLOSED	Boston Cream Pie	Frech Orango	Ranana Duddina	Fruit Cocktail
Italian Beef Open Faced Sandwich with Beef Au Jus Sliced Potatoes Buttered Beets Potato Bread	Grape Juice Knockwurst Pierogies Broccoli Rye Bread	Fresh Orange 28 Italian Wedding Soup Unsalted Crackers Chicken Bruschetta Brown Rice Geneva Blend Veggies 100% Whole Wheat	Banana Pudding 29 Lasagna Rolette Marinara Sauce Peas 3 Bean Salad Italian Bread	Orange Juice Turkey Pot Pie Diced Potatoes Garden Salad French Dressing Biscuit
Fresh Apple	Pineapple Chunks	Peaches	Lemon Pudding	Oatmeal Raisin Cookies